

SLEEP OR DEATH.

For Years Mr. Burghelm
Had Suffered.

Paine's Celery Compound Soon
Made Him Well.

Publisher of Two Great German
Papers.

Can Now Work Fourteen Hours
Every Day.

Sleeps Soundly and Peacefully
Every Night He Lives.

Sleep is one of the things that cannot
be put off from night to night.

The punishment for sleeplessness is
worse than pain. It means a shattered
mind.

It often happens that a sudden
stress or work or anxiety robs one
of the night's rest. The effect is soon
apparent in the languor, headaches and
listlessness that ensue.

If rapid and abundant means are
employed to repair the exhausted
parts the nerves regain their elasticity.
But if an unnatural privation of
sleep is carried beyond the stretching
power of the brain the whole nervous
system becomes undone and
prostration results.

Thousands of men struggling under
great responsibilities of tedious
work, anxious, over-worked moth-
ers and wives, shop girls who are
forced to stand on their feet all the
day long, have little difficulty in con-
vincing their friends of the remark-
able power of Paine's celery compound
to restore their energy, renew their
vigor, and make them strong and
well.

Here is a letter from Mr. Max Bur-
ghelm, the well-known president and
manager of the Cincinnati Freie
Presse Company. Mr. Burghelm
writes:

"The following statement may be of
interest. I have been suffering from
sleeplessness, insomnia, for many
years, and although I have tried
almost everything to get cured, con-
sulting the best physicians, and
even going several times to Europe,
everything was in vain.

"I did not have a night's rest for
almost six years, that is to say, I
could not sleep for two hours in suc-
cession in a single night; you can
easily imagine what the effect on me
had been.

"After spending a fortune in try-
ing for relief I had given up almost
all hope, and when I first read about
Paine's celery compound I did not
have much faith in anything. But
after having used so many remedies
and consulting so many physicians in
this country and abroad I felt like
giving the compound a trial. The
result was truly wonderful.

"The very first night about six
months ago that I tried Paine's cel-
ery compound you can imagine my
joy when I found that I had slept
six hours in succession, a thing that
I had not been blessed with for so
many years. I continued the use for
over three months with the same
happy result, and although I was
fearfullest the malady would come
back on me, I can now say that al-
though I have not taken the com-
pound for months I do sleep every
night peacefully and without inter-
ruption.

"You can easily imagine what this
means for a man who works fourteen
hours every day in the year and has
charge of two large newspapers. I
consider my case a most remarkable
one and I should be glad if this state-
ment should be the means of helping
others who have suffered like me in
the same untold agonies, and for
this reason I give you full permission
to make use of this statement in any
way you choose."

LADIES!

This will
Please You.

Thomson's Vanilla,
Thomson's Lemon,
Thomson's Peppermint,
Thomson's Checkerberry,

FOR FLAVORING
HAVE NO SUPERIOR.

FOR PURITY and STRENGTH
ARE UNSURPASSED.

For Sale at Retail by
F. A. SCOTT — RANNEY & POTTS

Wholesale by
GEO. C. CAREY, ST. JOHNSBURY, VT.

For the Children.

THE LITTLE BOY IN THE HARVEST FIELD.

Out in the fields in the midsummer heat.
The reapers were busy binding the wheat.
And the farmer looked with an anxious eye
At the "thunder" caps in the western sky.
All hands must work now with a will,
said he:

"There's a storm brewing up there, I see!"
Then the bright-faced boy at his father's side,
To help bind the sheaves most patiently
tried.
But he could not manage the work at all.
For those willing hands were too weak and
small.

"I can't do this," said the brave little man,
"So I'll give it up and do what I can."
The men are thirsty and far from the spring;
"It will give them a lift" thought he, "to
bring
A pail of that clear, cold, water that flows
Down the mountain side where the sweet
corn grows."

And soon he was dipping his little cup
In the mossy place where it bubbled up.
And the joy of doing something he could
Shone on his face as he came through the
wood.

"God bless the boy!" every man cried out.
"As he passed the pure cold water about."
"Twas sustaining power—they found the grain
Just in time to save it from drenching rain."

Then the father said that night, with a smile,
While the mother listened with pride the
while:

"My boy, you helped harvest the field of
wheat,
Bringing water when we were parched with
heat.
Remember through life my dear little man,
God only bids us to do what we can."

—[New York Evangelist.]

STRAIGHTENING OUT FURROWS.

"Boys," he said, "I've been trying every
day of my life for the last two years to
straighten out furrows—and I can't
do it!"

One boy turned his head in surprise
toward the captain's neatly kept place.
"Oh, I don't mean that kind, lad. I
don't mean land furrows," continued the
captain, so soberly that the attention of
the boys became breathless as he went on:

"When I was a lad about the age of
you boys, I was what they called 'a hard
case'—not exactly bad or vicious, but
wayward and wild. Well, my dear old
mother used to coax, pray and punish—
my father was dead, making it all the
harder for her—but she never got im-
patient. How in the world she bore with
my stubborn, vexing ways so patiently
will always be to me one of the mys-
teries of life. I knew it was troubling her,
knew it was changing her pretty face,
making it look anxious and old. After
awhile, tiring of all restraint, I ran
away, went off to sea—and a rough time
I had of it at first. Still I liked the wa-
ter, and I liked journeying around from
place to place. Then I settled down to
business in a foreign land, and soon be-
came prosperous, and now began to
send her something besides empty letters.
And such beautiful letters as she always
wrote me during those years of absence.

At length I noticed how longing they
grew—longing for the presence of the son
who used to try her so, and it awoke a
corresponding longing in my own heart
to go back to the dear, waiting soul.

"So when I could stand it no longer, I
came back, and such a welcome, and
such a surprise! My mother is not a
very old lady, boys, but the first thing I
noticed was the whiteness of her hair
and the deep furrows on her brow, and
I knew I had helped to blanch that hair
to its snowy whiteness and had drawn
those lines in that smooth forehead. And
those are the furrows I've been trying to
straighten out.

"But last night, while mother was
sleeping in her chair, I sat thinking it all
over, and looked to see what progress I
had made.

"Her face was very peaceful and the
expression contented as possible, but the
furrows were still there! I hadn't suc-
ceeded in straightening them out—and—
I never—shall—never!"

"When they lay my mother—my fair
old sweetheart—in her casket, there will
be furrows in her brow; and I think it a
wholesome lesson to teach you, that the
neglect you offer your parent's counsel
now, and the trouble you cause them, will
abide, my lads, it will abide!"

"But," broke in Freddie Hollis, with
great troubled eyes, "I should think if
you're so kind and good now, it needn't
matter so much!"

"Ah, Freddie, my boy," said the quav-
ery voice of the strong man, "you cannot
undo the past. You may do much to
atone for it, do much to make the rough
path smooth, but you can't straighten
out the old furrows my laddies, remem-
ber that!"

"Guess I'll go and chop some wood
mother spoke of; I'd most forgotten,"
said little Jimmie Hollis, in a strangely
quiet tone for him.

"Yes, and I've got some errands to
do!" suddenly remembered Billy Bowles.
"Touched and taken," said the kindly
captain to himself, as the boys tramped
off, keeping step in a thoughtful, soldier-
like way.

And Mrs. Bowles declared a fortnight
afterward that Billy was "really getting to
be a comfort!"

Then Mrs. Hollis, meeting the captain
about that time, remarked that Jimmy
always meant to be a good boy, but he
was actually being one.

"Guess your stories they like to hear
so much more moral to them now and
then," added the gratified mother, with
a smile.

As Mrs. Hollis passed, Captain Sam,
with folded arms and head bent down,
said softly to himself:—

"Well, I shall be thankful enough if a
word of mine will help the dear boys to
keep the furrows away from their moth-
ers' brows; for once there, it is a diffi-
cult task straightening out the furrows."

—[The Life Boat.]

CROMWELL'S FIRST STATUE.

An Image of Wood and Wax Carried
Through London in 1658.

When Edward Burrough, the Quaker
"Apostle of London," whom George
Fox called his "Son of Thunder," was
passing through Charing Cross on his
way to the city, upon the 23rd day of
the ninth month, 1658, he found the
streets crowded with people. "The
guards of soldiers, horse and foot," says
he, "stayed me and stopped my horse and
said I might not pass that way. Nei-
ther, indeed, I will," adds he, "by reason
of the throng of people."

When he inquired the reason of "this
thronging and pressing of multitudes,"
he was told that they had come out "only
to see a dead image and invented fash-
ion, without life or breath, which would
be carried this way." It was not the
great Protector's body, but a dead image
of wood or wax, arrayed and decked
with foolish inventions, and it "was to
be carried from place to place that day
between Somerset House and Westmin-
ster, as was usual in the time of popery,
for multitudes of foolish people to gaze
upon and wonder after and admire."

The zealous Quaker thought the statue
of Oliver Cromwell all the more an in-
sult to his memory because "he was
once a great instrument in the hands of
the Lord to break down many idolatrous
images and grievous idols. And have
they now, said my spirit, made a costly
image of him? And are such as were
once his soldiers, who pulled down
images and crosses, and all such popish-
like stuff wherever they met with it,
now guarding his image and watching
over it, and his children and officers
following it, multitudes of the inhabi-
tants of London gazing after it? This is
sad, said I, and a great pity. It is
the end and final farewell of ol-
Oliver!"

Edward Burrough concluded that
was "a judgement" upon Cromwell, so
he was wronged after his death, cause
he had suffered the servants of the Lord
(the Quakers) to be persecuted and im-
prisoned for crying against such things
as were popish. He says that Cromwell
himself would have been angry at it.
"I knew the man when he was living
and had the knowledge of his spirit. And
I am persuaded if it had been asked
him in his lifetime if such an image
should be made like him, and then set
up in such a place, I believe he would
have denied, I say, and said, 'It shall
not be there for me, when I am dead.'"
If it had been his bones," added the
Quaker, "I should not have had aught
against it, whereas it was but an image
made by hands." So Burrough went
home and wrote his "Testimony Against
Great Idolatry."—Westminster Gazette.

Down in Kentucky there is an old man
who lives in the hollow trunk of a big
sycamore tree, in the depths of a great
forest. His nearest neighbor is an old
coon and her children. They are close
neighbors, for the coon family live up-
stairs. I suppose you might call it, for
their home is in one of the upper limbs
of the tree. The best of feelings prevail
between the two homes.—[The Advance.]

Mother—"Tommy, how are you com-
ing on at school?"
Tommy—"First rate, ma."

"Mention the names of some of the do-
mestic animals."

"The horse, the dog, the pig."

"What animal is that which lives
mostly in the house, but often makes a
dreadful noise so that people cannot
sleep?"

"Four-legged animal?"

"Yes."

Tommy (triumphantly), "Piano!"

[Golden Days.]

HARDENING BY EXPOSURE.

Warmth is friendly to the human
family, and from what we observe in
the animal creation, it is equally so
to them. They are provided by
nature with the means of comfort,
and guided by unerring instinct to
seek and pursue what is beneficial
and avoid what would be destructive.

It is a noteworthy fact that the
children who are least exposed to
cold are generally most healthy,
while those who are victims to the
erroneous principle of hardening by
exposure and cold baths are scarcely
ever free from disease. We earnestly
believe there are more children sacri-
ficed than are being subjected to this
fallacious treatment.—[Good House-
keeping.]

Bucklen's Arnica Salve.

The best salve in the world for Cuts,
Bruises, Sores, Ulcers, Salt Rheum, Fever
Sores, Tetter, Chapped Hands, Chilblains,
Corns, and all Skin Eruptions, and pos-
itively cures Piles, or no pay required.
It is guaranteed to give perfect satisfac-
tion, or money refunded. Price 25 cents
per box. For sale by Flint Bros.,

Cure for Headache.

As a remedy for all forms of Headache
Electric Bitters has proved to be the best.
It effects a permanent cure and the most
dreaded habitual sick headaches yield to
its influence. We urge all who are afflicted
to procure a bottle, and give this remedy
a fair trial. In cases of habitual consti-
pation Electric Bitters cures by giving
the needed tone to the bowels, and few
cases long resist the use of this medicine.
Try it once. Only Fifty cents at Flint
Bros. Drug Store.

The Discovery Saved His Life.

Mr. G. Caillolette, Druggist, Beavers-
ville, Ill., says: "To Dr. King's New
Discovery I owe my life. Was taken with
La Grippe and tried all the physicians for
miles about, but of no avail and was
given up and told I could not live. Hav-
ing Dr. King's New Discovery in my store
I sent for a bottle and began its use and
from the first dose began to get better,
and after using three bottles was up and
about again. It is worth its weight in
gold. We won't keep store or house with-
out it." Get a free trial at Flint Bros.
Drug Store.

KINDNESS IN TRAINING.

Prof. Magner of Battle Creek,
Michigan, a well-known and very
successful horse trainer, bases his in-
structions in the art of horse train-
ing upon positive kindness of treat-
ment. The very first thing to be
accomplished is to secure the confi-
dence of the animal to be treated.

The mastery is not secured by beat-
ing or by cruel treatment in any
way. Indeed under the professor's
system the mastery is obtained with-
out inflicting pain in any way. It
requires patience to train any animal
to do any work or anything. Note

the patience of the dog trainer. He
first secures the love and affection of
the dog, then teaches him, develops
him, brings out his powers. Indeed,
only in this way can children be
trained. Successful horse trainers
are seldom ever cruel. The same is
true of ox trainers, cow milkers,
handlers of animals of any name for
any purpose. The secret of success-
fully training any animal, domestic
or savage, lies in the matter of giv-
ing food. Through the appetite, the
horse through his love of sugar and
other goodies, the lion and tiger
through hand feeding when hungry,
can be taught to do many surprising
things in a most wonderful manner.

It requires patience, self control of
the trainer, time, doing the work
over and over again, until the object
sought is accomplished. The founda-
tion in all successful training is kind-
ness and self control.

It will not cure everything. It is not
claimed that it will cure but one com-
plaint, that is, dyspepsia. We cannot
say that it will cure every case of dys-
pepsia, but it will cure a large majority
of them. Such cases as are adapted to its
use will derive immediate benefit. One
small bottle will be sufficient to test it.

The Shaker Digestive Cordial is espe-
cially adapted to emaciated or elderly
people whose food does them but little
or no good because it is not digested.

The Cordial contains an artificially
digested food and is a digester of food
happily combined. Read one of our little
books which your druggist is now giv-
ing away and learn of this wonderful
remedy.

A really palatable Castor Oil can now
be had under the name of Laxol.

No man can ever be noble who thinks
meanly and contemptuously of himself,
and no man can ever be noble who
thinks first and only of himself.—[Dollinger.]

THE OWEN ELECTRIC BELT

FOR MEN AND WOMEN
The latest and only scientific and practical
electrostatic belt, for the cure of
dyspepsia, that can be readily felt and re-
sults in a permanent cure. It can be worn at
any time during working hours or sleep, and
will positively cure

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GENERAL DEBILITY
NERVOUS DISEASES
VARICOCELE
ESPECIAL WEAKNESS
FREQUENT
KIDNEY DISEASES

WITHOUT MEDICINE

Electricity, properly applied, is fast taking
the place of drugs for all Nervous, Rheumatic,
Kidney and Urinary Troubles, and will effect
cure in the most hopeless cases where every
other known means has failed.

Are you weak or diseased organs may
be restored to healthy activity
before it is too late.

Leading medical men use and recommend the
Owen Electric Belt in their practice.

OUR LARGE ILLUSTRATED CATALOGUE

Contains full information regarding the cure of
asthma, chronic and nervous diseases, prices,
and how to order, in English, German, Swedish
and Norwegian languages, will be mailed, upon
application, to any address for 6 cents postage.

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The price of
Dr. Ball's wonderful

COUGH and
CONSUMPTION

REMEDY,
HUSTENA

has been reduced

from 35c. and \$1 to 25c. and 50c.
per bottle; 25c. holding 40 doses,
50c. holding 120 doses, which
places this great remedy as the
cheapest and very best Cough
Cure ever offered to the public.

For sale by all first-class dealers.

TRY IT and SEE.

WOOD. WOOD.

I am now getting in my winter's stock and
will carry the largest in town, and I can
give anyone a good trade for a carload or a
winter's stock.

Orders filled promptly.

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JOHNSON'S ANODYNE LINIMENT

It produces an increase of vital activity in the system,
thus preventing and curing rheumatism. Originated in 1810
by the late Dr. A. Johnson. It has satisfied every body
for nearly a century. "Treat what time has cured."
It Cures Croup, Colds, Sore Throat, Croup and Pain,
Coughs, Asthma, Catarrh, Colic, Cholera Morbus, Rheu-
matism, Pains, Neuralgia, Lame Back, Stiff Joints, Neural-
gia, Headache, Toothache, Sprains, Burns, Scalds, etc.
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"Best Liver Pill Made."

Positively cures Biliousness and Sick Headache,
Liver and bowel complaints. They expel all impurities
from the blood. Delicate women find great relief from
using them. Price, 25 cts.; five \$1.00. Pamphlet free.
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KEEPS YOUR CHICKENS
Strong and Healthy; Prevents All Disease.
It is absolutely pure. Highly concentrated. In quan-
tity costs less than any other powder. No other kind like it.

NOTHING ON EARTH
WILL
MAKE HENS LAY
LIKE
SHERIDAN'S
CONDITION POWDER

If you can't get it send to us. Ask first.
Sample for 25 cts. Five \$1. Large 2 1/4 lb. can \$1.50. 8 lb.
can \$5.00. Post paid. Sample "Best Fertilizer" free. Free
Barn Fertilizer one year (value \$5) and large can \$1.50.
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Lunenburg, Vermont.

Open all the
year for permanent and transient guests

MRS. E. C. WHITE.

Results

Are what men want.

The Equitable agency collected from a policy
holder \$47.68 per annum for 20 years,
making total payments of \$953.60. This
policy is now offered as follows:

1st. Cash, \$1,519.17, a return of all pre-
miums and \$565.57 beside his 20 years'
insurance.

2d. Paid up insurance, \$3,669, nearly four
times what he paid out.

3d. Annuity for life of \$107.09. This is
about 11 per cent. on his premiums.

"One fact is worth a thousand theories."

"The results of the 20-year tontine pol-
icies of the Equitable are unequalled."

Equitable Life

Assurance

Society.

Customers

Wanted

and

Agents Wanted

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lowing companies:

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Banking Co.-Suffolk Tr.-Union
Tr. Co. (Omaha)-Anglo-American

Mtg. & Tr.-Dakota Loan & Tr.-
Northwestern Guarantee Loan-

Fidelity Loan & Tr. (Sioux City)
and others.

I have five hundred agents constantly
working to effect collection of interest and
sale of property.

"No property is so poor that something
cannot be gotten out of it by careful, persist-
ent, intelligent effort."

If you have any mortgages negotiated by
any company—or own any land in the West—
write me particulars and I may be able to
get your money for you.

My Brother, Edward L. Mooney, goes
west Oct. 1st, and will inspect properties in
Minnesota, Dakota, Washington, Oregon,
Utah, Colorado and Nebraska—he may be
able to inspect your property without ex-
pense if you write me promptly.

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